



Smart

Saturday

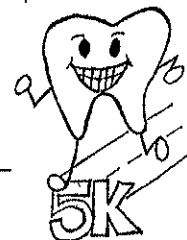
August 21, 2010

Mariners' Museum Park

Smiles® 5K

Sponsored by

GOLD CROWN SPONSOR NAME/LOGO



Packet Pick-Up

Early pick-up: Friday, Aug. 20 from 1-5 pm @
BGCVP Administrative Office
11825 Rock Landing Dr., Chesapeake Bldg., Suite B
Newport News, VA 23606
757-223-7204 lmilburn@bagclub.com

TIME 7:00 am Registration Begins
8:00 am 5K Walk/Run
9:30 am Awards, Door Prizes, & Celebration

LOCATION Mariners' Museum Park entrance across from
Warwick H.S. (off of Warwick Blvd.)

ENTRY \$20 Before Race Day (No PTC passes accepted)
\$25 Race Day
(T-shirt availability and size not guaranteed unless pre-registered)

AWARDS Top 3 overall male & female in age groups:
U 11, U14, U19, 20-24, 25-29, 30-34, 35-39, 40-44,
45-49, 50-54, 55-59, 60-64, 65-69, 70+

FINISH LINE RESULTS & RACE SUPPORT PROVIDED BY
THE PENINSULA TRACK CLUB



Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ Age on Race Day: _____ Gender: M F

T-Shirt Size (circle) Adult: S M L XL

Total Registration Fee: \$ _____ I would like to make a tax deductible donation of: \$ _____

Total Amount Enclosed: \$ _____

Please read the reverse side of this form and sign below: I HAVE READ THE ACKNOWLEDGEMENT AND ASSUMPTION OF RISK, WAIVER, OF LIABILITY IN ITS ENTIRETY AND I FREELY VOLUNTEER EXECUTE THE SAME. I UNDERSTAND THAT I MAY BE WAIVING CERTAIN LEGAL RIGHTS BY EXECUTING THIS DOCUMENT AND I GRANT FULL PERMISSION TO BOYS & GIRLS CLUBS OF THE VIRGINIA PENINSULA FOUNDATION AND ITS AGENTS AUTHORIZED BY THEM TO USE MY PHOTOGRAPHS, VIDEOTAPES, MOTION PICTURES, RECORDING, OR ANY OTHER RECORD OF THIS EVENT FOR ANY PURPOSE.

Signature: _____ Date: _____

Signature of parent or guardian if under 18: _____

Checks payable to Boys & Girls Clubs of the VA Peninsula Foundation
11825 Rock Landing Drive, Chesapeake Building, Suite B, Newport News, VA 23606



**ACKNOWLEDGEMENT AND ASSUMPTION OF RISK
AND WAIVER OF LIABILITY**

I know that walking or running in a road race is a potentially hazardous activity. I should not enter or run unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course route. I assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and condition of the roads- all risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and to waive, release, and discharge the City of Newport News, Boys & Girls Clubs of the Virginia Peninsula, The Mariners' Museum, The Peninsula Track Club and Road Runners Club of America, Delta Dental of Virginia, Race Officials, Volunteers, and any and all sponsors- including their agents, employees, assigns, or anyone acting on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. The Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

What is Smart Smiles?

Poor oral health care for children doesn't just impact a nice smile. It impacts how children feel about themselves and can result in significant lost school time due to dental-related illnesses. Dental problems can lead to serious long-term health issues such as diabetes, heart and lung disease, pre-term births and death.

Thankfully there is Smart Smiles. Smart Smiles is a partnership between Delta Dental and the Virginia Alliance of Boys & Girls Clubs to provide free dental care to Boys & Girls Club members who do not have dental insurance or who qualify for Medicaid/FAMIS/Smiles for Children. In addition, Boys & Girls Club members receive dental health education. Since we started the Smart Smiles program almost 5 years ago, we have served over 600 Boys & Girls Club members and discovered over 1600 cavities.

Smart Smiles is successful because it removes the obstacles that prevent children from receiving the dental care they need. In addition to a lack of dental insurance or financial resources, many parents and caregivers of Boys & Girls Club members are unable to take time off from work or lack transportation to take their children to the dentist.

Smart Smiles takes all of this away. The program coordinator schedules dental appointments, provides transportation from school, stays with the children in the waiting area, coordinates follow-up care, and keeps parents or caregivers well informed. In addition, Boys & Girls Club members learn how to properly care for their teeth.

*Noelle Mangus
Smart Smiles Coordinator, Administrative Office
nmangus@bagclub.com*

